

## **AMENDMENTS TO RULES FOR COMPETITION 2010**

Following various feedback, please find below 6 amendments:-

These amendments will be posted as a NOTE on the website:-

**1) Rule 5 (6) –Page 9 –Foreign athletes-to add straight line to signify change of rule**

The second paragraph of 2008 Rules relating to requiring a minimum of two months prior to competition is deleted. The new second paragraph now adds “but this number should not normally exceed 4 such foreign athletes at any meeting”

**2) Rule 5 (7)-Page 9 last line-Eligibility-**

the last three words change from “than six months” to “than four months” to align the changes made earlier in the Rule.

**3) Rule 111 (9) last line-Page 31-The Start -**

the word “shall” is changed to “may” . Therefore it reads:-

Failure to comply with the Starter’s command after a reasonable time **may** constitute a false start

**4) Rule 126 (7) (e)-Pages 60 & 61-Horizontal Jumps**

This Rule should have a vertical black line to show that there has been an amendment made.

7(a) to (d) remains as printed

Also note: there are 2 point (e)’s in the current rule book. This is now amended as follows:-

(e) when leaving the landing area makes contact by foot with the ground outside the landing area closer to the take-off line than the nearest break in the sand on landing

NOTE: This should be deemed to include any break made on overbalancing on landing which is completely inside the landing area but closer to the take off line than the initial break made on landing

The second (e) now becomes (f) - written as currently in the rule book

Rule 126.7 is an IAAF rule

Explanation/Clarification

This point has been deliberately put into the rules to allow athletes who have landed fairly in the sand to then put their hand outside the sand behind where it would normally be measured to help lever themselves out of the sand. Tied in with this is the fact that then first contact by foot should be in front of where the jump would normally be measured. The rule also allows for an athlete overbalancing and landing further back in the sand than the initial measuring point would have been. The rule does not mention that anything is not allowed but merely demands that any marks made in the sand further towards the take off board than the initial break in the sand demands that the first contact by foot must be in front of where the jump would be measured.

**5) Rule 210(5) (ii) – page 119-Road Race Rules-Course**

Please note it should read “more than 0.1%” as opposed to 1%

If you require any further clarification on Rules for Competition, please email:- [comptemp@uka.org.uk](mailto:comptemp@uka.org.uk)